
FROM THE COORDINATOR OF CO-CURRICULAR AND TIP PROGRAM

Welcome to our co-curricular booklet for 2019. There is a vast array of co-curricular choices for all students to participate in outside the classroom at PLC Sydney. I encourage all students to get involved in this aspect of school life and experience the rewards of being part of something fun and interesting.

All co-curricular groups require each individual student to work as a member of a team whether it be a musical ensemble, a sporting team, a fundraising group or a discussion forum. Once you have joined a co-curricular group it is expected that you will make the appropriate commitment to it by attending all regular activity sessions, notifying the coordinator of expected absences and potential clashes and contributing cooperatively in group and team activities.

Please only sign up for groups for which you have adequate time. You may not be able to do everything you wish to do.

PLC Sydney believes students should be recognised for their high achievement and/or extended dedication to particular co-curricular activities. The College strives to make these awards equitable across a diverse range of endeavours and/or competition levels.

I hope you will have an enjoyable and fulfilling year as you participate in your co-curricular program in 2019.

Ms Jenny Clarke
Coordinator of Co-Curricular and TIP Program
jclarke@plc.nsw.edu.au
9704 5607 or 0409 825 949

CONTENTS

From the Coordinator of Co-curricular and TIP Program	1
Contents	2
<u>CHAPLAINCY AND CHRISTIAN STUDIES</u>	
Fuel	4
Fuel 912 Leaders	4
<u>CLUBS</u>	
Art and Design Club	5
Art Masterclass: Perfecting the Portrait	5
Bird Photography	6
Chess Club	6
Chinese Club	6
Chinese Debating Club	7
Informatics	8
Macindoe Book Club	8
Philosophy Club	8
Quizmaster Trivia	9
<u>ENGLISH WRITING, READING, DEBATING</u>	
College Crow	9
ELLA (English Language Literacy Enhancement)	10
Juvenilia Project	10
Mock Trial Mediation Training	
Mock Trial Training	10
<u>ORATORY</u>	
Competitive Public Speaking	11
Debating	12
Model United Nations Assembly	12
Private Speech	13
Speak Up Club	14
Tournament of Minds	14
<u>PERFORMING ARTS</u>	
<u>DANCE</u>	
Dance Troupe	15
<u>DRAMA</u>	
Junior Drama Club	15
PLC Drama Company Production	16
PLC Sydney Musical	16
PLC Sydney Play	17
Production Crew	17
Senior Drama Club	17
Theatresports Club	18

MUSIC

Baroque Ensemble	18
Big Band	18
Chamber Choir	19
Chamber Music	19
Chamber Strings	19
Chapel Band	20
College Choir	20
Concert Band	20
Madrigal Group	21
Middle Years Orchestra	21
Percussion Ensemble	21
Pipes & Drums	21
Senior Bells	22
Senior Chamber Orchestra	22
Stage Band	23
Symphony Orchestra	23
Vocal Synergy	23
Wind Ensemble	24

SERVICE LEARNING

East Timor Committee	24
Duke of Edinburgh Award Scheme	24
Pet Show	25
Vietnam Support Committee	25

SPORT

Diving Club	26
Fitness Centre	27
Gymnastics Clubs - Artistic and Rhythmic	27
- Aerobic Gymnastics	28
Rowing	29
Senior School Competitive Sport (IGSSA)	30
Swimming	31
Tennis Coaching	32

STEM

Future Problem Solving	33
Green Team	33
Olympiad Training - Biology or Chemistry or Physics	34
PLC Sydney Science Summit	35
The Leonardo Club	35
Titration Club	36

CO-CURRICULAR AWARDS

International Blazers	37
Achievement Awards	38
Participation Awards	44

CHAPLAINCY & CHRISTIAN STUDIES

Fuel

Cost:	Nil
Time:	Wednesday Lunchtime
Venue:	MSR - Level 3
Staff:	Mrs Tucker and Ms Kim - Year 7 & Year 8 Mrs Soh - Year 9 to Year 12
Membership:	Open to students in Years 7 to 12.

Fuel is a student-led group that aims to provide an opportunity for students to explore and nurture faith in Jesus, ask real questions, and think hard about the issues facing young people.

Each week we meet to investigate how life works best as followers of Jesus with dynamic discussions, a safe space to ask any questions and interesting and life changing talks and Bible studies in small groups. Fuel runs socials and outings through the year.

Fuel runs two conferences every year: "Ignite" which runs at the start of the year for Years 8 to 12 Fuel members. Fuel Leadership Conference in August every year for Fuel 912 leaders. This conference is run with The Scots College Christian group.

Anyone can come to Fuel! You don't have to belong to a church or youth group or have a Christian background. We're a welcoming and inclusive community that follows Jesus and seeks to explain who He is and why he is the centre of the Christian faith.

Fuel is split into two groups on Wednesdays in the MSR;
Fuel 78 is for Years 7 & 8 run by Mrs Tucker and Ms Kim
Fuel 912 is for Years 9 to 12 run by Mrs Soh

Fuel 912 Leaders

Cost:	Nil
Time:	Wednesday lunchtime - 1st and last Wed of each Term
Venue:	MSR M56
Staff:	Mrs Soh
Membership:	Year 9 to Year 12 Fuel students by invitation

Members of the Fuel 912 Leaders demonstrate Christian commitment and a desire to develop leadership skills. Students in the Fuel 912 Leaders are offered training and mentoring to develop their skills. They develop, plan and oversee all the activities in 'Fuel'. This group may also be tasked with initiating and responding to student requests for events through the year.

CLUBS

Art and Design Club

Cost:	Nil
Time:	Tuesday lunchtime
Venue:	The Croydon studios
Staff:	Ms Gair & Ms Rader
Membership:	Open to students in Years 7 to 12 - Maximum 15 students

This is a creative group which meets to make art and design in a lively and informal setting. Activities will range from ceramics, painting, photography, graphic design and drawing. All levels of skill are welcome. Sign up is per Term where a new project will be completed focusing on a specific skill with the assistance of artist Nicole Rader, Ms Gair and our fabulous Art and Design Captain. Students will be awarded a certificate of participation in a pop-up exhibition at the end of each Term project.

Art Masterclass: Perfecting the Portrait

Cost:	Tuition free \$45.00 for materials
Time:	Tuesday afternoons from 3.15 - 5.15 in Term 1 (6 weeks starting 26 February)

Wednesday afternoons from 3.15 - 5.15 in Term 2 (6 weeks starting 8 May)

Venue: The Croydon studios
Staff: Ms Knight T1 and Ms Gair (T2) and artist Kim Spooner
Membership: Open to Elective Visual Arts students in Years 9 to 12

This is a specialist six week class offered in Terms 1 and 2 designed to extend art making skills in a professional art school atelier setting. *Perfecting the Portrait* will focus on building drawing and painting skills in defining proportion, facial expression and structure to achieve realist representation of the human face. The class is limited to 15 students. Contact Ms Knight on jknight@plc.nsw.edu.au to register your interest or collect a brochure from The Croydon for more information.

Bird Photography

Cost: Nil
Time: Term 1 and 2 - lunchtime - Thursday Week B
Venue: Room 36
Staff: Dr Burgis
Membership: Open to all students in Years 7 to 12

Join Dr Burgis for a lunchtime of identifying bird species, thinking about photographing them and sharing our best pictures. We will aim to display our photos close to the end of term.

Chess Club

Cost: Nil
Time: Tuesday 3.10 – 4.10 pm
Venue: Room 21
Staff: Teacher from the Sydney Academy of Chess
Membership: Open to students in Years 7 to 12

Chess Club caters to all levels of chess player from absolute beginner to FIDE Grandmaster. The aim is to improve students' appreciation of chess strategy and develop their skills and enjoyment of the game. There will be opportunities for tournaments involving other schools.

Chinese Club

Cost: Nil

Time: Tuesday lunchtime

Venue: Room 13 (if not wet weather)

Staff: Ms Faraday Pang

Membership: Chinese Club is open to all Y7-12 students, anyone who are interested in Chinese culture, **NOT** just for Chinese students or students who are studying Chinese.

In Chinese Club we will watch some latest and fun Chinese films or other films in Mandarin with English subtitles. We celebrate Chinese festivals with food and cultural activities. This is a hub allowing native Chinese speakers to relax and speak their language, they could also mingle with non-Chinese students to share about their culture and interest. Students who are learning Chinese are also encouraged to join this club to enhance their Chinese proficiency.

Chinese Debating Club

Cost: Nil

Time: Tuesday lunchtime - TBC

Venue: Room 12

Staff: Ms Pang
Ms Hsiao
Ms Xu

Membership: Open to Heritage or Background Chinese speakers in Years 7 to 12. Membership is open to all Years 7-12 students who can speak Mandarin Chinese, **NOT** just those currently studying Chinese.

Chinese Debating Club will train students to participate in formal debating competitions such as the NSW Schools Chinese Debating Championship and informal competitions against some local schools. A professional coach is invited to help with the training.

The debating topics are closely linked to the themes and issues taught in HSC Chinese courses. The aim of this club is to improve students' abilities to listen, read, write and speak Chinese and to allow them to use their

language skills in a practical way. It will enhance students' critical thinking, teamwork, collaboration, leadership, public speaking and debating in Chinese. It also allows students to represent our school in a meaningful way.

Informatics

Cost: Nil
Time: After school one day per week, to be determined
Venue: Room 19
Staff: Mr Sinclair
Membership: Strictly limited – by application only.

Students will train to enter computer at least two programming competitions held throughout the year. Students with a significant interest in computer programming are invited to apply to Mr Sinclair. Students in this program will need to do work at home to ensure their readiness for the competition.

Macindoe Book Club

Cost: Nil
Time: Monday lunchtime
Venue: Flight Deck
Staff: Mrs Ferracin
Membership: Open to all students in Yr 7 - Yr 12

I love to read. I love to talk about what I am reading. I enjoy being part of a community of readers. I like inspiring others to read. I like organising activities to bring people together. I would like to contribute to the selection of reading material for the Macindoe Library.

If you answered yes to one or more of the statements above, please consider joining the Macindoe Book Club.

Philosophy Club

Cost: Nil
Time: Monday lunchtime
Venue: MRC, Level 1 - Socrates
Staff: Ms Marissa Andrews
Membership: All students and staff.

Are you interested in discussing ideas, thinking about what makes us tick, questioning what is right or wrong, trying to establish a moral framework for your life? If so, you may be interested in joining the Socratic Club, where we grapple with many of life's big issues. Bring your lunch, your ideas and a willingness to participate!

Quizmaster Trivia

Cost: Nil
Time: TBC - Term 3 and 4 - lunchtime
Venue: TBC
Staff: Dr Burgis
Membership: Open to all students in Years 7 to 12

Join Dr Burgis for a lunchtime of testing yourself on geography, history and language quizzes. Learn all the countries of the world and put together a chronology of world history.

ENGLISH – WRITING, READING, DEBATING

College Crow

Cost: Nil
Time: Monday lunchtime
Venue: R 28
Staff: Ms Kathryn Munro
Membership: Open to students in Years 7 to 12

College Crow is PLC Sydney's student magazine which will provide budding writers, illustrators and designers with an enviable portfolio before they've left school. Working in a closely-knit team, producing a publication is one of the most rewarding activities for those students interested in writing, journalism, creative writing, design, illustration and photography. The magazine publishes satire, feature articles, short stories about students, teachers and those issues which interest them. Students interested in photography and illustration will be able to develop their creative skills. Students who show a strong writing, editing and organisational skills will

be considered for specialist opportunities, including leadership roles. Students will work closely with the coordinating teacher who offers advice on the selection of material and the layout of the magazine.

ELLA (English Language Literacy Enhancement)

Cost: Nil
Time: Year 11 Tuesday after school / Friday lunch - TBC
Year 12 Monday after school / Friday lunch - TBC
Venue: Courtyard Room
Staff: Year 11 Mrs Smart, Year 12 Ms Camerson-Sio
Membership: Open to all ESL and Standard English students in Years 11 and 12

These workshops will focus on developing skills in reading, writing, speaking and listening. The workshops will develop students' confidence and their ability to work independently and collaboratively

Juvenilia Project

Cost: Nil
Time: TBA
Venue: Courtyard
Staff: Mrs Nutt
Membership: Year 11

In Year 11, a small group of students who are highly proficient in English studies have the opportunity to work on an edition to be published by the Juvenilia Press. The Press is based in the School of Arts and Media at the University of New South Wales. Working on a Juvenilia Press volume involves students in the work of editing, annotating, designing and illustrating the juvenile writings of a particular author under the supervision of a mentor editor. Mrs Nutt, and the General Editor of the Press, Professor Christine Alexander. Students will work collaboratively and often in their own time.

Mock Mediation Training Program

Cost: Nil
Time: Friday lunch
Venue: 38
Staff: Ms Rhodes-White

Membership: Year 7 to Year 9

Mock Mediation involves teams of students that are given a scenario of a dispute and then have to work together to come up with a solution that keeps all sides happy! It is about problem solving, active listening, questioning, analysing, empathising, speaking clearly and logically and creative thinking.

Mock Trial Training Program

Cost: Nil

Time: Thursday lunch

Venue: TBC

Staff: Ms Rhodes-White

Membership: Year 9 & 10

Mock Trial involves students participating in a mock legal case as either the defence or prosecution. During the 'trial' each team will have barristers, a solicitor, court officers and witnesses. Each side puts their case to a Magistrate (a Lawyer or Barrister) who awards marks throughout the trial. This program is a fantastic opportunity for you to increase your listening, speaking, writing, reading and analysing skills, whilst being introduced to the legal system.

ORATORY

Competitive Public Speaking

Cost: Nil

Time: During class time - in arrangement with student

Venue: Lyons House

Staff: Lynette Hawkey/

Membership: Open to students in Years 9 to 12

You do not have to be a Speech student to be eligible to audition.

Audition criteria:

- ability to deliver an impromptu speech based on a topic provided (5 minutes preparation)
- commitment to and attendance at Speak Up Club will also be considered (Year 7 - 10)

There are two teams - SpeakSeason and SpeakSquad, with other opportunities also available

1. Speak Season - students selected in this division will be able to participate in Rostrum - Junior and Senior (Feb-Mar), Plain English Speaking (May), Legacy (July), UNYA Voice (Sept), Rotary Public Speaking, Lions Youth of the Year (entries close Nov in the year prior). Separate tuition is provided without charge in preparation for these external competitions. Students must be able to deliver compelling prepared and issue based impromptu speeches and be committed to the process, which will involve sessions during school time. Spots are limited. Open to Years 7 -11

2. Speak Squad (development) - students selected will be offered opportunities to compete in Prepared Speaking competitions at Eisteddfods (City of Sydney/ Inner West) with no charge. Training and guidance will also be provided. Open to Years 7 -11

3. Entry into the PLC representative team for Australian Public Speaking/ Debating (AIDPSC and Speakfest) will occur in June, prior to the Term 2 holidays and is open to students Year 9 and above. Separate auditions will occur for this event. Success at AIDPSC leads to selection in the Australian team which participates at World level.

Debating - ISDA, Archdale, Debating Club

Cost: ISDA debating: TBC
Archdale debating: TBC
Debating Club: Nil

Time: Archdale: Tuesday evening: 3.30pm – 8.30 pm
ISDA: Friday evening: 4.30pm – 9.30 pm
Debating Club: Friday lunchtime
Competition teams are also required to attend two hours of coaching per week usually before or after school as arranged with the team coach, as well as the Debating Club every Friday lunchtime.

Venue: Studio Theatre
Staff: Lynette Hawkey
Membership: Open to all students who are selected for a team and those students who participated in House Debating.
Registration: To register for Debating, please go to:
<https://www.plc.nsw.edu.au/microsites/performing-arts/sp/eech---public-speaking-and-debating/debating-application>

Through debating, students are able to improve their public speaking skills, gain more confidence, meet new people, be part of a team and develop their analytical skills. All PLC Sydney debaters have the opportunity to represent the College in two external competitions. Major competitions include Archdale Debating Competition, ISDA Debating Competition, Macquarie Cup Debating Competition and University of Sydney Debating Tournament. The Year 7 Archdale and ISDA teams are selected very early in the year.

Model United Nations Assembly - MUNA

Cost: Nil
Time: Monday Lunchtime
MUNA conferences are held over one weekend therefore commitment is required for both days
Venue: Room 17
Staff: Lynette Hawkey/ Sarah Waller
Membership: Open to students in Years 9 to 11

Model United Nations Assembly (MUNA) provides the opportunity for students to engage with other students across Sydney in debate and discussion of global issues in the spirit of the United Nations. Students will foster research, teamwork, communication, debating and problem-solving skills and will learn to work with new people who are not students at PLC Sydney. This is the ideal group for those who are passionate about international diplomacy and finding solutions to global issues. Also Year 10 and 11 students may wish to attend THIMUN Singapore in November or CISSMUN in Shanghai in January.

Private Speech

Cost: Group lessons (maximum six students): \$400 per semester
Semi-private lessons (maximum two students): \$585 per semester

Private individual lessons (thirty minutes): \$635 per semester
Fourteen lessons per semester minimum
Time: Weekly, at a time organised with the parent/ student
Venue: Lyons House
Staff: Ms Bennetts
Mrs Hawkey
Ms Maxwell (transition only)
Miss Fallon
Ms Francis
Mrs Gorvin
Membership: Open to all students
Registration: To register for Private Speech lessons, please go to:
<https://www.plc.nsw.edu.au/microsites/performing-arts/speech---public-speaking-and-debating/speech-tuition-registration>

Lessons build confidence and competence in oral communication.

Areas include:

- voice production, articulation and modulation
- public speaking: prepared and impromptu, formal and informal
- presentation techniques and non-verbal communication skills
- external examinations and eisteddfod preparation
- performance through dramatic text and improvisation

Yearly assessment by the Australian Speech Communication Association (ASCA) and /or the Australian Music Examinations Board (AMEB). Eisteddfod work may be undertaken. Individual reports at the end of each semester.

Speak Up Club

Cost: Nil
Time: Every Tuesday recess
Venue: Studio Theatre
Staff: Ms Bennetts
Membership: Open to students in Years 7 to 12

This informal club is run by the Public Speaking Captain with the objective of building confidence and having fun with impromptu speaking.

Tournament of Minds

Cost: Nil
Time: Tuesday lunchtime
Venue: Room P42
Staff: Ms Corfield
Membership: Open to students in Years 7 to 10.
Previous experience not required.

In TOM you will learn creative thinking skills. You will have your chance to develop your own talents in: drama, set design, costume design, script writing and group work. You will be involved with a dynamic group of students and be given many challenges along the way. You will often have to 'think on your feet' and it will be FUN!

Commitment: All participants hoping to compete need to attend lunchtime meetings regularly for the first semester. If you are unable to attend these meetings, you may not be considered for selection in a TOM team. Students hoping to participate in the Regional TOM must be available on the last weekend of August. Leading up to this tournament, students need to make themselves available for extra sessions before and after school and possibly on weekends. Students must be prepared to be in regular email contact with their teammates and facilitator.

If successful at the Regional tournament, students also need to be available for training mornings/afternoons leading up to this competition. It will be held on the second Sunday of September.

PERFORMING ARTS

DANCE

Senior Dance Troupe

This is a non-audition ensemble based on a building a love for dance regardless of skill level or experience. Capped at 20

Cost: \$150 per term

Time: Monday mornings beginning at 7.30am
Venue: AKT Stage
Staff: Ms Alisha Vigna

Co-Curricular dance offers students a chance to participate in healthy physical activity. It differs from Curriculum dance in its focus on skill development, rather than dance analysis and composition. Dance classes will be targeted at the following areas: Skill development, performance skills and production. For 2019 there will be a Junior Dance Troupe and Senior Dance Troupe, both capped at a membership of 20 students. This is a year long commitment and will be focusing on a few main performances throughout the year such as "Wakakirri Performing Arts Challenge" and "PLC Tattoo.

DRAMA

Junior Drama Club (non-audition)

Cost: Nil
Time: Monday - lunchtime
Venue: Performing Arts Centre: The Black Room (P12)
Staff: Ms Anna Martin
Membership: Open to students in Years 7 to 9

Open to students in Years 7 to 9 who are interested in developing their performance skills in an ensemble environment. The Junior Drama Club is a wonderful way for students to engage with Drama and refine their performance skills. The purpose is to explore drama through enjoyable, practical activities, as well as prepare work for special performance opportunities.

PLC Sydney Drama Company Production (entry via audition)

Cost: Nil
Time: Rehearsal: Monday and Thursday
3.15 pm – 5.30 pm Terms 1&2
Rehearsal Camp July Holidays
Performances: First Friday and Saturday night in Term 3
2019

Venue: Audrey Keown Theatre
Staff: Ms Anna Martin
Membership: TBC

NB: Auditions will take place in 18 and 21 February 2019

This production gives students an opportunity to enhance their performance skills, working with students from different year groups. The students will be provided with challenging texts and in-depth characters which will stretch their skills. This group should be of particular interest to students who have a keen interest in drama and performance or who are taking, or intending to take, Drama as a subject.

PLC Sydney Musical (entry via audition)

2019: The Addam's Family
Cost: Nil
Time: Rehearsal: Wednesday and Friday:
3.15 pm – 5.30 pm
Some Sundays closer to opening night
Compulsory Rehearsal camp April holidays 2019
Performances: First week of Term 2 2019
Venue: Audrey Keown Theatre
Staff: Mrs Halkidis
Membership: Open to students in Years 7 to 12

All PLC Sydney students are invited to audition.

NB: 2020 PLC Sydney Musical Auditions will be held in early September 2019 - students will be informed via Daily Bulletin.

Other opportunities to be involved include stage crew, costumes, lighting, sound and front of house.

PLC Sydney Play (entry via audition)

2019: TBC
Cost: Nil
Time: Rehearsal: Monday and Thursday
3.15 pm – 5.30 pm to start early Term 3
Plus two Sunday rehearsals
Performances: 21 and 22 November 2019

Venue: TBC
Staff: Ms Vigna
Membership: Open to students in Years 7-11

This production gives students an opportunity to enhance their performance skills, working with students from different year groups. The students will be provided with challenging texts and in-depth characters which will stretch their skills. This group should be of particular interest to students who have a keen interest in Drama and performance or who are taking, or intending to take, Drama as an elective.

Production Crew

Cost: Nil
Time: Thursday - lunchtime
Venue: The Green Room (P2)
Staff: Ms Anna Martin
Membership: OPen to all students from Years 7 to 12

This group are trained to assist as Crew for PLC Performing Arts Productions, where they assist with props, costumes and backstage. In Addition they learn about women who were pioneers or are current leaders in technical areas of theatre, have guest speakers from industry, go on a backstage tour of the Opera House and collaborate with the Production and Technical Crews from other schools.

Senior Drama Club (non-audition)

Cost: Nil
Time: Friday A - lunchtime
Venue: The Black Room (P12)
Staff: Ms Anna Martin
Membership: Open to students in Years 10 to 12

Open to students in years 10 to 12 who are interested in developing their performance skills in an ensemble environment. The Senior Drama Club focuses on preparing students for special projects and competitions, as well as workshopping current classroom or external performance work.

Theatresports (non-audition)

Cost: Nil
Time: Thursday - lunch time
Venue: Performing Arts Centre: The Black Room (P12)
Staff: Ms Vigna
Membership: Open to students in Years 10-12
Open to Year 9 students from Term 2 onwards

This Club will prepare students for the expanding improvisation opportunities that are now on offer. These include the Carlton Cup, The Inner West Cup, The All Girls Shield and the large Impro Australia Competition. Teams for these various competitions will be selected from Club members.

MUSIC

Baroque Ensemble

Cost: Nil
Time: Tuesday morning: 7.30 am
Venue: P58
Staff: Ms Curiel
Membership: Students are invited to participate in the Baroque Ensemble and are members of Senior Chamber Orchestra and Chamber Strings.

Big Band

Cost: Nil
Time: Wednesday morning: 7.30 am
Venue: P56
Staff: Mr Harper
Membership: Open to students who play saxophone, trumpet, trombone, drum kit, guitar, electric bass or keyboard.

Chamber Choir

Cost: Nil
Time: Tuesday: 4.00 pm – 5.00 pm and Friday lunchtime
Venue: PA65

Staff: Ms Hamilton
Mr Basile

Membership: Open by audition to students in Years 8 to 12. All girls who audition must be able to sight sing, read music or play an instrument. Girls Years 8 - 9 in Chamber Choir **must** attend College Choir from 3.15pm - 4 pm. To audition in Year 8, girls should have served in College Choir for **all** of Year 7.

Chamber Choir regularly performs at Church services, College functions, inter school events and competitions. The range of music is challenging and varied, and would appeal to students who love to sing, who have vocal lessons or who have had experience in choirs.

Chamber Music

Cost: Nil

Time: Tuesday and Friday lunch

Venue: P58

Staff: Mr Basile, Ms Curiel

Membership: Open to advanced pianists, wind and string players who can read music by sight. By invitation only.

Students meet weekly to play in trios and quartets to discover the great chamber music repertoire and to further develop ensemble skills.

Chamber Strings

Cost: Nil

Time: Tuesday and Thursday lunchtimes

Venue: Strings Rooms: P58

Staff: Mr O'Dea
Ms Curiel

Membership: Open to all string players who learn privately.

Chapel Band

Cost: Nil

Time: Home Room: Monday, Tuesday, Thursday

Venue: Band Room: P58

Staff: Mrs Mellor

Membership: Open to string and woodwind and brass players invited from Year 7 to 12.

College Choir

Cost:	Nil
Time:	Tuesday: 3.15 pm – 4 pm (sectionals will occur for girls in Year 7 from 4pm - 4.15pm)
Venue:	P65
Staff:	Mrs Allen Mr Basile
Membership:	Open to all students in Years 7 to 12 who love to sing, regardless of vocal ability. No audition necessary. Transition students will need to be assessed for vocal ability by the conductor of the choir and Mrs McAllum.

Repertoire is taken from light classics and popular music. The choir will sing songs in unison, two and three parts. The choir often performs with other groups in the College for large events.

1. College Choir requires a commitment for the full year.
2. Members are required to attend *all* performances and rehearsals. Only illness or special permission from Mrs Allen will excuse the student from performance or rehearsal. A note from a parent / guardian is expected, preferably before an absence from a performance or rehearsal.

Concert Band

Cost:	Nil
Time:	Wednesday afternoon: 3.15 pm – 4.00 pm
Venue:	P56
Staff:	Mr Alan Watters
Membership:	Open to any student who plays a wind, brass or percussion instrument

The Concert Band is a young person's band. The group's repertoire encompasses rock, jazz and classical styles.

Madrigal Group

Cost:	Nil
Time:	Monday: 3.15 pm – 4.00 pm
Venue:	PA65
Staff:	Mrs Hamilton

Membership: Open by audition to students in Years 10 to 12 (auditions for a new group will commence in Term 3 when Year 12 leave. Year 9 students may audition then.) All members must be members of Chamber Choir and have shown service to College choirs. Members should possess good sight reading abilities or an excellent aural ability. The Madrigal Group is an ensemble that specialises in unaccompanied vocal music.

Middle Years Orchestra

Cost: Nil
Time: Tuesday lunch
Venue: Strings Rooms: P58
Staff: Mr O'Dea
Mr Harper

Membership: Open to string players from Hamilton Strings and Chamber Strings, and Wind and Brass players from Junior Concert Band and Concert Band

Percussion Ensemble

Cost: Nil
Time: Monday 7.30am
Venue: Band Room: P56
Staff: Mr Giles

Membership: Open to percussion players from Year 7 to 12.

Pipes & Drums

Cost: \$125 per term tuition fees plus initial uniform costs upon being accepted into the ensemble.
Time: Full band practice: Wednesday: 3.10 pm – 5.00 pm
Chanter practice (pipers): Friday lunchtime
Learner: Each student learning pipes or drums shall receive one individual or small group lesson per week on a rotational basis as part of their tuition fee.
Commitment to engagements on weekends and out of hours are common
Venue: PA39
Staff: Mr Wishart, Ms Di Girolamo
Membership: Open to any student wishing to learn pipes or drums

The only all-female Pipes & Drums that remains in New South Wales and one of only four in Australia. The Pipes & Drums perform at many engagements internal and external to the College. Students learn dress and drill as well as piping or drumming. The band participates in the annual ANZAC Day March and associated Remembrance Day Services. Solo pipers regularly perform at private functions. The band has travelled extensively throughout the state of New South Wales and interstate.

Senior Bells

Cost: Nil
Time: Tuesday lunch
Venue: P64
Staff: Mrs Mellor
Membership: Open to students in Years 7 to 12. The group number is limited to 18 players. Members should be able to read music.

Senior Chamber Orchestra

Cost: Nil
Time: Wednesday: 7.30 am
Thursday: 3.15pm - 4pm
Venue: Strings Room: P58
Staff: Mr O'Dea
Membership: Invited from Chamber Strings. By audition to students who have reached a very high standard on their stringed instrument

Stage Band

Cost: Nil
Time: Thursday morning: 7.30 am
Venue: P56
Staff: TBC
Membership: Open primarily to students in Years 7, 8 and 9. The Stage Band is a feeder band for the Big Band.

Repertoire ranges from classical works to more sophisticated modern and contemporary works for string ensemble. The standard is very high. All girls are required to be learning privately.

Symphony Orchestra

Cost: Nil
Time: Thursday: 4pm - 5pm
Venue: Band Room: P56
Staff: Mr O'Dea
Mr Harper

Membership: Open to string players from Senior Chamber Orchestra, string players invited from Chamber Strings, and invited woodwind, brass and percussion players from Wind Ensemble.

Vocal Synergy

Cost: Nil
Time: Monday lunchtime
Venue: P56
Staff: Mrs Allen

Membership: Open by audition to students in Years 8 to 12. All members in Years 8 and 9 must also belong to College Choir. Year 8 students wishing to audition for Vocal Synergy must have served in College Choir in Year 7.

Vocal Synergy is a contemporary vocal group. Interested students will hone their contemporary vocal, performance and movement skills through engaging popular music repertoire.

Wind Ensemble

Cost: Nil
Time: Thursday afternoon: 3.15 pm – 4 pm
Friday morning: 7.30 am
Venue: P56
Staff: Mr Harper

Membership: Open to instrumentalists who play a wind, brass or percussion instrument and are keen to play in an enjoyable, high-achieving ensemble. Students must audition or be invited to join. If a student is already experienced on her instrument by Year 7, she is eligible to audition for the Wind Ensemble, however this student must remain in the Concert Band until the end of Year 8.

SERVICE LEARNING

East Timor Committee

Cost:	Nil
Time:	Monday lunchtime
Venue:	Room 21
Staff:	Mrs Chiba
Membership:	Open to students in Year 10

This committee coordinates fundraising for two preschools in Dili, East Timor. Becora and Comoro schools are located in two disadvantaged areas of Dili, providing an education for some of the poorest people in the newest country in the world. Meetings are held every second week during lunchtimes; however, not all members attend every meeting. A visit to East Timor is planned for the 2019 school year and members of the committee will be given preference for this tour.

Duke of Edinburgh Award Scheme

Cost:	2018 membership Registration Fee (NSW Office) Bronze participant \$130, Silver participant \$135, Gold participant \$160 Plus additional costs for all AJ/camps. Group numbers / location and mode of transport will determine the final cost. Bronze camps are held in Term 2 and 4 (1 night) . Silver camps are held in Term 1 and 3 breaks (2 night). Note: If the school's Adventure Journey calendar does not suit, girls can access recommended providers. See Miss Rachel Thompson for details.
Time:	Various times throughout the year
Venue:	Varies
Staff:	Ms Sarah Antico

The Duke of Edinburgh Award Scheme challenges young people to achieve new skills and experience adventure. Students choose from a wide range of activities which suit their particular interests and abilities. There are three award levels: Bronze, Silver and Gold. Within each level students take

part in all four mandatory sections that make up the awards, those being for Service, Skills, Physical Recreation and Adventurous Journey (camp).

Pet Show

Cost: Nil
Time: Tuesday lunchtime – Week A
Venue: Room 28
Staff: Ms J Clarke
Membership: Year 9 and Pet Show Committee Members

At PLC Sydney, it is a longstanding tradition for Year 9 students to raise money for Guide Dogs NSW/ACT. The aim each year is to raise funds to help cover the costs of training a guide dog to assist a visually impaired person. The fundraising is an important part of the service learning of the College and helps the students develop time management, leadership and teamwork skills. The fundraising culminates in a major College event—the annual Pet Show. This event consists of food, drink and novelty stalls, several pet competitions and a silent auction.

Vietnam Support Committee

Cost: Nil
Time: Friday A lunchtime
Venue: Room 8
Staff: Ms Hayek
Membership: Open to students in Year 11

This committee coordinates fundraising for the orphanages supported by PLC Sydney, located on the outskirts of Hanoi. PLC Sydney Year 11 students have raised money for displaced and orphaned children in Vietnam since 2007. The Vietnam Service Learning trip is held annually. Fundraising events are planned during meetings.

SPORT

Diving Club

- Cost:** Dive lessons, entry to the pool and transport costs are determined on a term by term basis. Club membership is based on diving affiliation fees. An annual NSW registration fee is compulsory for all divers on top of class costs.
- Time:** Training: Wednesday, Friday and Saturday afternoons. Wednesday 5.00pm - 7.00pm (transport to Sydney Olympic Park Aquatic Centre {SOPAC} is available). Saturday (age divers only) 2.00 pm - 4.00 pm. Friday (transport to Trinity Grammar) Saturdays is 2.00-4.00 pm) (Age Divers only) Classes held at Sydney Olympic Park Aquatic Centre (Students to meet at the pool and be picked up from the pool)Staff:
- Staff:** Mrs Michelle Olsson
- Membership:** Open to all students. Those who are not already affiliated with a diving club are encouraged to become part of the PLC Sydney Diving Club, which is affiliated with NSW Diving and Diving Australia. Divers may register as recreational or competitive divers enabling sanctioned competition at regional, state, national and international level.
- Registration** Registration can be completed using the following link: <https://www.plc.nsw.edu.au/microsites/sport/sports-registrations-/diving>

Fitness Centre

- Cost:** No cost if involved in a school sport. If not, a cost will be incurred.
- Time:** Before school, lunchtime and after school.
- Venue:** PLC Sydney Fitness Centre, upstairs of the JD Oates Aquatic Centre
- Staff:** Mr John Yap
- Membership:** All students who are enrolled at PLC Sydney are given access to the Fitness Centre. The Fitness Centre is open each morning (6.30 am – 8.00 am), lunch (12:35 pm - 1:15 pm) and afternoons. The afternoon times vary each day

and can be found on the website. Different programs are offered during these times and students should check the sports website or weights room notice board for details. All students wanting to improve their fitness or learn more about health and fitness are encouraged to come and experience the Fitness Centre. The Exercise Physiologist on hand will also advise you on injury prevention and has expertise in injury rehabilitation.

Website: For more information, please visit:
<https://www.plc.nsw.edu.au/microsites/sport/about/health-fitness-centre>

Gymnastics Club Artistic (WAG) and Rhythmic (RG) Gymnastics

Cost: Club membership based on NSW Affiliation Fees. Gymnastics sessions are dependent upon squad level. An annual NSW registration fee is compulsory for all gymnasts on top of class costs. Enrolment forms are available online on the PLC Sydney website..

Time: Artistic Training: Monday, Tuesday, Wednesday, Thursday, Friday, Saturday (dependent upon squad) year round.
Rhythmic Training: Monday, Tuesday, Wednesday and Saturday.
Classes start at 3.30 pm and conclude between 4.30 pm and 7.30 pm weekdays; differing times on Saturday due to Saturday sports in Thompson Hall.
Rhythmic Training: Monday, Tuesday, Wednesday and Saturday.

Venue: Thompson Hall

Staff:

Gymnastic Coordinator: Michelle Olsson

WAG Head Coach: Marie Bannister

RG Head Coach: Jaelle Cohen

Membership: Open to all students who are not already affiliated with a gymnastics club. Gymnasts may register as recreational or competitive gymnast enabling sanctioned competition at regional, state, national and international level.

Registration Registration for all gymnastics can be done online at:
<https://www.plc.nsw.edu.au/microsites/sport/sports-registrations-/gymnastics-registrations/gymnastics>

Gymnastics Club - Aerobic Gymnastics

Cost: Club membership is based on NSW Affiliation fees.
Gymnastics sessions are dependent upon squad level. An annual NSW registration fee is compulsory for all gymnasts on top of class costs. Enrolment forms are available; from the gymnastics office.

Time: Monday and Wednesday 3.30 – 5.30 PM Junior School participants

Senior school level 3 to 5 : Tuesday 3.30 -5.30 pm, Wednesday 3.30-5.30 pm, Thursday 5.00-7.00 pm

(2 days minimum)

Level 6 to international :

Monday-Tuesday - Wednesday- Friday 5.00 -7.30 pm

Saturday 12.15-2.30 pm

Venue: Thompson Hall

Gymnastic Coordinator: Michelle Olsson

Aerobic Gymnastics Coordinator: Gaia Brambilla

Membership: Open to all students who are not already affiliated with a gymnastics club. Gymnasts may register as recreational or competitive gymnast enabling sanctioned competition at regional, state, national and international level.

Registration Registration for all gymnastics can be done online at:
<https://www.plc.nsw.edu.au/microsites/sport/sports-registrations-/gymnastics-registrations/gymnastics>

Rowing

Cost: \$350 - \$500 for Term 4 and Term 1 Rowing

Camps are additional

\$65 per rower for registration to Rowing NSW

Time: On water rowing training days are:

Year 7/8 - Tuesday and Thursday afternoons until 6pm

Year 8/9 - Tuesday and Thursday mornings 5.30 - 7.30am

Year 9/10 - Wednesday and Friday mornings 5.30 - 7.30am

Seniors - Tuesday, Wednesday and Friday mornings 5.30 - 7.30am

All crews have a fitness session Wednesday afternoons until 5.00pm. Seniors and Year 10 Quads have an additional fitness session on Monday afternoons. All crew also have rowing training on Saturday mornings for approx 4 hours

Venue: Drummoyne Rowing Club

Staff: Ms Jenny Clarke - Head of Rowing - 0409 825949

Mrs Marnie Rozea- Head Coach - 0437 035 350

Membership: Open to all students from Year 7 (beginning Term 4) to Year 12 (ending Term 1)

Rowing is a unique sport offered to students at PLC Sydney. The rowing program is well structured and highly organised, providing all students who want to row with the opportunity to experience this unique and amazing sport in a supportive, encouraging environment.

Girls and families involved in rowing regularly remark on its strong team spirit and sense of camaraderie. Students learn many valuable life skills from their involvement in rowing, such as, time management, leadership and goal setting skills, that are easily transferable to their academic success.

Rowing is a whole body fitness and strength sport that is low impact. Over the rowing season, students will become the fittest and strongest they have even been and have the rare opportunity to realise potential in themselves that they never knew was there. Students will be enjoying exercise whilst surrounded by Sydney's beautiful harbour and bays.

Senior School Competitive Sport (IGSSA)

Athletics, Badminton, Basketball, Cross Country, Diving, Football, Gymnastics (WAG & RG), Hockey, Netball, Rowing, Snow Sports, Softball, Sports Aerobics, Swimming, Tennis, Touch Football, Triathlon, Volleyball and Water Polo

PLC Sydney Sports Program:

Competitive sport is available and encouraged to all Senior School students. Year 8 students are required to participate in at least one term of sport. PLC Sydney generally participates in the Independent Girls' Schools' Sports Association (IGSSA). IGSSA offers both Saturday sport competition as well as carnivals. The IGSSA graded sport competition is played on Saturdays during term time at members' schools and public

venues throughout Sydney. It is divided into Year 7, Junior (Years 8 and 9), and Senior (Years 10, 11 and 12) divisions.

Representative opportunities exist through the IGSSA and New South Wales Combined Independent Schools (NSWCIS) pathways.

Sports Information:

Please refer to the PLC Sydney website at www.plc.nsw.edu.au, follow the sport links to your sport of interest and click on the Overview.

Cost: \$175

Time: Attendance at all training sessions and games is compulsory once a student has registered for a sport. If a student is unable to attend due to injury or illness, the coordinator of the sport must be notified by a link on the website. If there is a clash of co-curricular activities, the coordinator of each activity and the Director of Co-Curricular Activities must be notified in writing. An alternative training/rehearsal time will be made.

Sport Absentee Notice:

Students who are unable to attend Saturday Sport, either training or a game, are now required to register their absence online at:

<https://www.plc.nsw.edu.au/microsites/sport/about/saturday-sport-absence-notification>

Expectations of students:

Students must be punctual, appropriately dressed and well equipped for all training sessions and games. Students must display exemplary conduct and sportsmanship at all times.

Students interested in participating in a sport must register online within the first two weeks of the previous term, via PLACES.

Contact:

Head of Sport, Ms B Harden

bharden@plc.nsw.edu.au

9704 5645

Swimming

Cost: \$210 (Senior Fitness) - \$335 (National Program) per term
Time: various - contact Aquatic Centre for more details
Venue: JD Oates Aquatic Institute
Staff: Mrs Karen Stephenson - Aquatic Director -
karens@plc.nsw.edu.au
Mr Brett Winkworth - Head Coach -
bwinkworth@plc.nsw.edu.au
Membership: Open to all students from Year 7 to Year 12

Swimming at PLC Sydney offers swim sessions from swimming for fitness through to competitive squads, competing at club to National level. For more information please contact the Aquatic Centre On 9704 5739.

Senior Swimming Squad are fitness based sessions that are non-competitive. There are four sessions available to choose from.

Swimming Competitive Squad offers a range of different levels. Entry into a competitive squad is allocated based on an assessment and consultation with the Head Coach. The squads include a metro, state or national level squad.

Sydney Swim PLC is the PLC Sydney club name for interclub competition. All girls in a competitive squad are encouraged to join and swim for Sydney Swim Club. For more information please contact the Aquatic Centre On 9704 5739.

Tennis Coaching

Cost: Private Lessons: \$85.00 per hour or \$45.00 for half hour or [\$25.00 for 20 minute Pre-K to Yr 2 lessons only]
Semi Private Lessons: \$45.00 per hour or \$25.00 for half hour
Group Lessons: \$25.00 per hour or \$15.00 for half hour

Group Lessons:

The school will allocate the student to a Group Lesson, based on age and experience. Group lessons will have no more than a 1:4 coach to player ratio.

Venue: All lessons are conducted on the PLC Sydney tennis courts, located next to the Aquatic Centre.

Lesson Type: Private Lessons - 1 hour, or 1/2 hour in duration
(20 minute lessons available for Pre-K to Year 2 only)

Semi private lessons (2 players with 1 coach) - 1 hour or
1/2 hour in duration

Group Lessons - 1 hour or 1/2 hour in duration. The school
allocates the group lessons and places the student into a
suitable class.

There are 8 lessons included in each Terms 1, 2,3 and 4.
There is also an allowance of one week for rain.

Staff: Tennis Director: Mr Steve Randjelovic,
Senior Tennis Coaches: Justin Astri and Vicki Allman

Registration: To enrol for Tennis lessons, please go to:
<https://www.plc.nsw.edu.au/microsites/sport/sports-registrations-/tennis-coaching-enrolment>

For further information, please visit:
<https://www.plc.nsw.edu.au/microsites/sport/sports-registrations-/plc-sydney-new-tennis-program>

STEM

Future Problem Solving

Cost: Minimal
Time: Thursday Lunchtimes
Three incursions
Venue: McQueen
Staff: Ms Papavasileiou
Membership: Open to students in Years 7 to 11

Future Problem Solving (FPS) is an international educational program that focuses on the development of creative thinking skills. Students have fun learning to develop critical thinking skills and devising original ways to communicate solutions to futuristic problems.

Seed (Environmental Club)

Cost: Nil

Time: Tuesday A lunchtime

Venue: Room 36

Staff: Dr. Maria Gutierrez

Membership: Open to students in Years 7 to 12 and staff

The Green Team focuses on environmental issues and sustainability. The team consolidates the College's environmental objectives and creates achievable student-based goals to reflect and support these. The team is aiming to develop a sound program to separate and recycle the school's waste. The team will also work towards reducing the school's environmental footprint by reducing energy and water waste and increasing environmental awareness of all the school community.

Olympiad Training

Biology Olympiad Training

Cost: Nil

Time: Lunchtime Thursday Week A - (until August)

Venue: Room 34

Staff: Ms Humphreys

Membership: Open to high achieving Science students in Years 10 & 11
(See below for a description)

Chemistry Olympiad Training

Cost: Nil

Time: Tuesday B Before School (until August)

Venue: Lab 4

Staff: Mrs McGrouther

Membership: Open to high achieving Science students in Years 10 & 11
(See below for a description)

Physics Olympiad Training

Cost: Nil
Time: TBA (until August)
Venue: Lab 3
Staff: Mr Trimble
Membership: Open to high achieving Science students in Years 10 & 11

These Olympiad Training tutorials in Biology, Chemistry and Physics will prepare students for one or more of the Olympiad Examinations that will be conducted at school in August. It is recommended that students select one or maybe two subjects only. The exams are two hours in duration, very challenging and designed for top performing students. They will test knowledge, critical thinking and problem solving skills. Attempting one or more of the exams in Year 10 will provide valuable experience for a second attempt in Year 11. Students may also elect to attempt the Earth & Environmental Olympiad Examination. Top performing students are invited to attend the Australian Science Olympiad Summer School, a 15-day residential program. The very best Summer School students are selected to represent Australia at the International Science Olympiads.

PLC Sydney Science Summit

Cost: Nil
Time: weekly lunch time - TBC - Term 1 only
Event - Sat 23 February 2019
Venue: Room 17
Staff: Mrs Hendriks
Membership: Open to Science students in Years 9 to 12

Students will plan and lead the 2019 Science Summit. This will include organising publicity, venues etc.

The Leonardo Club

Cost: Nil
Time: Wednesday Week A 3:15pm - 4:30pm
Competition: A variety of competitions throughout the year
Venue: TBC

Staff: Mr. Lawton-Wade
Membership: Years 7-12

Students will work on a variety of activities leading up to competitions. All activities will be STEM related. Competitions that we will enter teams in include: UNSW Solar Car Challenge, Space Design (designing a space settlement), Robocup, Newcastle University Science and Engineering Challenge, Young ICT coding competition and Video Games Challenge.

Titration Competition

Cost: Nil
Time: Friday B 3.15pm-5pm
Competition - June
Venue: Lab 1
Staff: Mrs Hendriks
Membership: Open to Chemistry students in Years 11 and 12

Students will train to enter the NSW Schools Titration Competition held in June. This is a skills-based competition that involves precise measurements of acid/base reactions and calculations based on accurate techniques and readings. The competition itself is held at venues where other schools also compete. State winners go on to compete in the national competition in September at UNSW.

CO-CURRICULAR AWARDS

2019 Co-Curricular Awards

PLC Sydney believes students should be recognised for their high achievement and/or extended dedication to co-curricular activities. The College strives to make these awards equitable across a diverse range of endeavours and/or competition levels.

There are three types of Co-Curricular Awards:

1. International Blazers - are awarded to students who compete at high level international competition such as the Commonwealth Games, Olympic Games or Australian Youth Team.
2. Achievement Awards - are awarded for excellence in individual activities such as selection in the Firsts or if they win a Grand Final or a member of a premier group (for Music) or a lead role in Drama for a highly commended performance or improvement.
3. Participation Awards - are awarded to students in recognition of their long term dedication, effort and commitment to a specific co-curricular area.

Underlying Considerations

Any award is based on the premise that students work cooperatively with their teammates, coaches and coordinating teachers. It is an expectation that they regularly attend rehearsals or practices and that they display a sporting and positive spirit at all times.

International Blazers

For a student to be awarded a PLC Sydney Australian Representative Blazer, ALL of the following criteria must be met:

1. Be selected into an elite (highest possible level) Australian team
2. The student must represent Australia at a recognised international competition / event, such as world championships
3. The student must actually compete at this event (not just be named in a team that either doesn't compete or student doesn't compete due to injury or other reason)
4. The student must satisfy all of the above whilst they are a student at PLC Sydney - before 31 December in the year they complete Year 12

5. The student must provide paperwork from the governing body of that activity, confirming their selection into an elite Australian team

6. Final approval for blazer awards will be given by the Coordinator of Co-Curricular and TIP Program and the Principal.

Achievement Awards

Achievement Awards will be awarded to students for outstanding achievements in a chosen co-curricular activity. This includes such achievements as selection in the Firsts or if they win a Grand Final or a member of a premier group (for Music) or a lead role in Drama for a highly commended performance or improvement.

These awards are to be embroidered on the School blazer to indicate excellence. These awards will be located on the left hand side of the blazer and embroidered with the year.

For activities where there is a competition, criteria for the award of the Achievement Award can be found below.

For activities where there is no competition, the award will be by nomination to the Coordinator of Co-Curricular and TIP Program. These Achievement Awards will be for a member of a premier group (for Music) or a lead role in Drama for a highly commended performance or improvement. These may be limited to 6-10 students per year per group or activity. These numbers may vary from year to year depending on the production or the composition of the top ensembles.

Note: The Achievement Awards were formerly known as Pockets.

Please note: Students must submit their blazers to the Uniform Shop to have co-curricular achievement awards embroidered. The Uniform Store Manager will arrange for the embroidering of awards.

DEBATING

Reach the grand finals in Archdale Debating	ARCHDALE DEBATING 2019
Reach the grand finals in ISDA Debating or Macquarie Cup	ISDA DEBATING 2019 MACQUARIE CUP 2019

FUTURE PROBLEM SOLVING

Reach the Future Problem Solving National Finals	FUTURE PROBLEM SOLVING 2019
--	-----------------------------

LANGUAGES

Reach a final of an inter school competition	"name of subject" 2019 eg LATIN READING 2019
--	---

INFORMATICS

HD in Australian Informatics Olympiad	FUTURE PROBLEM SOLVING 2019
---------------------------------------	-----------------------------

MODEL UNITED NATIONS

Winner of Regional Competition and representation at Canberra	MUNA 2019
---	-----------

PUBLIC SPEAKING

Winners and Runners Up of PLC Sydney Public Speaking Challenge: Junior & Senior Sections	PLC PUBLIC SPEAKING CHALLENGE 2019
Winner of any of the following: Sydney Local Final of Plain English Speaking Public Speaking Competition Sydney Local Final of Legacy Public Speaking Competition District Final of the Rostrum Voice of Youth Competition Regional Final of Lions Youth of Year Competition Regional finals of the UNYA Public Speaking Competition Speakfest	PUBLIC SPEAKING 2019

Other School Speaking Competitions	
Achieved ASCA Certificate of Communication Diploma of Communication or ASCA Student of the Year AMEB Certificate of Drama & Performance AMEB Diploma of Drama & Performance	ASCA PUBLIC SPEAKING 2019
Selected for the Australian team and attending the World Individual Debating & Public Speaking Championships	WIDPSC 2019
Achieving a place in the Top 15 as a selected school representative at the Australian Individual Debating & Public Speaking Championships	AIDPSC 2019
To come 1st, 2nd or 3rd in any section of the AHIGS Festival of Speech Overall Winner of Junior and/or Senior Division Winner of outright competition	AHIGS FESTIVAL OF SPEECH 2019

SCIENCE

Selection to the Science Olympiad Summer School	"science discipline" OLYMPIAD 2019, eg PHYSICS OLYMPIAD 2019
Selection into the Australian Team to ISEF	ISEF 2019

COLLEGE CROW

Publications Captain, Deputy Editor, Design Director, Deputy Design Director, Leader of News Section, Leader of Features Section, Leader of Creative Section and Leader of Satire Section	COLLEGE CROW 2019
--	-------------------

TITRATION CLUB

Winning team RACI Titration Competition in Round 1 or reaching the National competition	TITRATION 2019
---	----------------

PERFORMING ARTS

Pockets for Music/ Drama/ Performing Arts can be awarded on an individual and/ or ensemble basis. A student or ensemble of any age group within Senior School can be awarded a pocket if they meet the following criteria.

<p>Individual - Awarded to exemplary students who have achieved most of the criteria below:</p> <ul style="list-style-type: none">• Performs with a very high level of musicianship/ dramatic skill and demonstrates a high level of musical/ dramatical knowledge and discernibility (this is about their level of performance - which needs to be the main criteria).• An engaged and exemplary member of at least two ensembles (Music only) who is always reliable, attends all rehearsals, and represents the College in correct school or performance uniform (this is about their attendance and representation).• An outstanding leader who models the necessary enthusiasm and commitment and encourages the best from those around her (this is	For individual: MUSIC 2019, DRAMA 2019, etc
--	---

about their leadership and teamwork).

Ensemble - Awarded to ensembles who have performed/ achieved at an exemplary level representing the school in the wider community:

- PLC Productions (Musical/ PLC Play/ Drama Company) - pockets awarded on a case by case basis and up to the discretion of the director as it is dependant on the nature of the show and level of commitment.
- Any ensemble awarded a 1st place in a competition such as Theatre sports teams/ Eisteddfods etc
- Any ensemble performing in a high profile public event. A high profile event is any event where the student/ PLC is being represented at a wider public level e.g at a state or national level where the ensemble has been selected to perform over other possible ensembles.

For ensembles: name of the ensemble/ activity, eg

DRAMA COMPANY 2019
PLC MUSICAL 2019
PLC PLAY 2019
THEATRESPORTS 2010
[NAME OF ENSEMBLE] 2019
e.g. "CHAMBER CHOIR 2019"

SPORT

Students must fulfil expectations of attendance, sportsmanship, uniform, attitude and participation as outlined on the Sport website.

Saturday Sports: Basketball, Cricket, Hockey, Netball, Soccer, Softball, Tennis, Water Polo, Volleyball, Badminton.

Selection and full participation in the Firsts team	[NAME OF SPORT] FIRSTS 2019 e.g. BASKETBALL FIRSTS 2019
Full participation throughout the season in a team that wins the grand final	[NAME OF SPORT] 2019 e.g. BASKETBALL 2019 HOCKEY 2019

Athletics, Cross Country, Diving, Swimming

Selection in the IGSSA representative team and participation at NSW CIS Championship (Reserves not included)	[NAME OF SPORT] 2019 e.g. "ATHLETICS 2019"
--	---

Gymnastics

1 st -3 rd place on apparatus at IGSSA	GYMNASTICS 2019
--	-----------------

NSWCIS Sports: Canoeing, Golf, Sailing, Sports Aerobics, Touch, Triathlon, Volleyball, Equestrian

1 st -3 rd place in NSWCIS competition representing PLC	[NAME OF SPORT] 2019 e.g. "CANOEING 2019"
---	--

Tildesley Tennis

Win 2 rounds of matches at Tildesley (not including a bye round)	TILDESLEY TENNIS 2019
--	-----------------------

Snow Sports

1 st -3 rd place in individual or team events at NSW Interschool Snow Sports Regional Championships	SNOW SPORTS 2019
---	------------------

Rowing

Selection and full participation in the First Senior Crew	ROWING FIRSTS 2019
---	--------------------

1 st -3 rd place in the A Final or appropriate Division at the Schoolgirls Head of the River Rowing Regatta	ROWING 2019
'A' Finalist in any event raced for PLC Sydney at the Australian National Rowing Championships	

TOURNAMENT OF MINDS

Winners of, or Honours at the Regional tournament and representing at state level	TOURNAMENT OF MINDS 2019
---	--------------------------

DUKE OF EDINBURGH

Achieved Silver or Gold Duke of Edinburgh award	[Level] DUKE OF EDINBURGH 2019, eg SILVER DUKE OF EDINBURGH 2019
---	--

Participation Awards

Participation Awards will be awarded to students for their long term dedication, effort and commitment to a particular co curricular category.

There are **six** generic long-term **Participation Award** categories:

- Clubs
- Drama
- Music
- Oratory
- Service
- Sport

Participation Awards consist of a badge that will be awarded for participation based on the following criteria:

Bronze Badge:	Participation for 3 years participation or equivalent (ie 12 or more terms)
Silver Badge:	Participation for 5 years participation or equivalent (ie 20 or more terms)
Gold Badge:	Participation for 6 years participation or equivalent (ie 23 or more terms)

Participation Awards can be achieved in multiple categories, eg you could earn a Bronze badge for Clubs and a Silver badge for Music.

To earn a Participation Award you must fulfil the requirements of the activity, with excellent attendance records and high levels of contribution to the activity.

Students will need to ensure they keep the co-curricular section of their handbooks updated each term and apply for the award when they satisfy the criteria.

The following co curricular activities are activities that are based on a casual drop in basis and therefore NOT contributing to Participation Awards:

- Bird photography
- Chinese Debating Club
- ELLA
- Fitness centre
- Fuel
- Indigenous Students academic support
- Macindoe Book Club
- Private Speech
- Socratic Club
- Speak up Club
- Tennis Lessons
- Quizmaster Trivia

The following co curricular activities are activities that WILL contribute to Participation Awards are they are all require a commitment to attend on a regular basis:

Note: A minimum attendance of 80%* must be recorded for attendance at any co curricular activity for that activity to be recognised towards achieving a Participation Award.

* Sport have published their own criteria for attendance at training and competitions and contributing to Participation Awards.

Participation Award	Activity	Terms towards award per year
CLUBS	Art and Design Club	up to 4 terms
	Ar Masterclass	1 or 2 terms (T1, T2)
	Chess	up to 4 terms
	Chinese Club	2 terms (T1, T2)
	Chinese Debating Club	up to 4 terms
	College Crow	up to 4 terms
	Informatics	up to 4 terms
	PLC Sydney Science Summit	1 term (T1)
	Science Olympiads	2 terms per discipline (T1, T2)
	The Green Team	up to 4 terms
	Titration Club	2 terms (T1, T2)
DRAMA	Drama Club	up to 4 terms
	Drama Company	2 terms (T1, T2)
	PLC Musical	2 terms (T4, T1)

	PLC PLaY	2 terms (T3, T4)
	Production Crew	up to 4 terms
	Theatresports	up to 4 terms
MUSIC	all listed music co curricular	up to 4 terms
ORATORY	Competitive Public Speaking	1 term
	Debating - ISDA	3 terms (T1, T2, T3)
	Debating - Archdale	3 terms (T2, T3, T4)
	MUNA	2 terms
	THIMUM (part of MUNA)	2 terms
	Tournament of Minds	up to 4 terms
SERVICE	East Timor Committee	4 terms
	Duke of Ed	4 terms per level (once completed)
	Pet Show	4 terms
	Vietnam Committee	4 terms
SPORT	Athletics	1 term
	Cross Country	1 term
	Diving	up to 4 terms
	Gym - artistic and rhythmic	up to 4 terms
	IGSSA Saturday Sports	1 term each

	Rowing	2 terms (T4, T1)
	Sports Aerobics	up to 4 terms
	Swimming - IGSSA team	1 term
	Swimming - senior competitive squad	up to 4 terms
	Swimming - senior fitness squads	up to 4 terms
	Tennis (Sat and Tildsley)	1 term
	Triathlon	1 term

Sport Co-curricular Participation Awards:

Students will be acknowledged for their long term commitment, dedication and participation in sport with a sport participation badge, through the co-curricular award system. These badges are awarded based on the number of terms a student participates in sport, eg a student who fully participates in 12 or more terms of sport (equivalent to 3 years) will receive a Bronze Sport Participation Badge (see the Co-Curricular handbook for more detail on the criteria of co-curricular participation awards).

For each term of sport a student participates in, there is a minimum requirement a student needs to meet before that term of sport will contribute towards a Sport Participation badge.

Students must meet the following expectations each term of sport:

Saturday Games:

- 100% attendance at Saturday games. If unable to attend a game, girls are required to register their absence online. See 'SATURDAY SPORT ABSENCE NOTIFICATION' link on Sport

Website. For this term of sport to contribute to a Sport Participation Badge, ONE registered absence per term will be permitted. If a student is absent for more than one game, then this term of sport will not contribute to a Sport Participation Badge.

- **NOTE: A missed game cannot be made up by attending a fitness session.**

Teams that have TWO training session per week:

- TWO missed training sessions during the term is the maximum number permitted. More than two 'training' absences in a sport term will result in that term of sport not contributing to a Sport Participation Badge.
- **NOTE:** Missed training sessions can be made up by attending a training session run by Laura Verlinden and John Yap on Tuesday and Wednesday lunchtimes, in the Fitness Centre. These sessions are on from 12.35pm to 1.05pm. Miss Verlinden will be working from the sports rolls. If you are marked as absent she will be in email contact about attendance at a makeup session.
- You **MUST** ensure that your name has been recorded accurately at all training sessions and have signed on for all Saturday games.

Teams that have ONE training session per week:

- ONE missed training session during the term is the maximum number permitted. More than one 'training' absences in a sport term will result in that term of sport not contributing to a Sport Participation Badge.
- **NOTE:** Missed training sessions can be made up by attending a training session run by Laura Verlinden and John Yap on Tuesday and Wednesday lunchtimes, in the Fitness Centre. These sessions are on from 12.35pm to 1.05pm. Miss Verlinden will be working from the sports rolls. If you are

marked as absent she will be in email contact about attendance at a makeup session.

- You MUST ensure that your name has been recorded accurately at all training sessions and have signed on for all Saturday games.